

# What we continue to learn from COVID-19



Join us for our Live MS teams webinar  
Monday 29th January 2024 12.30pm – 1.30pm

[Join  
here](#)

**Chair:** Professor Michael Boniface, Professorial Fellow in Information Technology, Electronics & Computer Science at the University of Southampton

**Speakers:**

- Dr Leire Ambrosio, Lecturer in Adult Nursing, University of Southampton: **Development of policy recommendations to reduce the impact of COVID-19 on physical activity and mental health in individuals with multimorbidity**
- Prof Nisreen Alwan, Professor of Public Health, University of Southampton: **Health Inequalities and Stigma in Long Covid**